

VOLUME 16 ISSUE 4

JULY/AUGUSY 2016

FR. PETER DAY-PROISTAMENOS

Priest's Message

The Radiance of the Father

On the Mountain You were Transfigured, O Christ God, and Your disciples beheld Your glory as far as they could see it; so that when they would behold You crucified, they would understand that Your suffering was voluntary, and would proclaim to the world, that You are truly the Radiance of the Father!

- Apolytikion of Transfiguration

Dear Brothers and Sisters in Christ,

On the feast of the Transfiguration of Our Lord and Savior Jesus Christ, celebrated on August 6, we have revealed to us the Radiance of the Father. On Mount Tabor, a glorious event takes place in the ministry of Christ. He ascends the mountain to reveal His glory to His disciples, that is, as far as they could see it. The Transfiguration then is a measured revelation, to three of His disciples, Peter, James, and John, of the suffering and joy of the Paschal events to come. It is also an assurance and an instruction in the meaning of His divinity. The hymns of the feast help us to see and to understand His glory.

As a feast of revelation, it is like Theophany in many ways. Both are feasts of Light, and reveal the Holy

continued on pg. 6





TABLE OF CONTENTS

Father's Message1
Church News3
Laity Award4
St. Panteleimon5
Transfiguration of the Lord7

Emerging Leaders:M. Simones	10
Stewardship Report	11
Memorials	12
Calendar	14

HOLY TRINITY GREEK ORTHODOX CHURCH

Council Members
President
Jim Simones(207) 946–7372
Vice President
Norman Rattey(207) 729-8155
Treasurer
Missy Simones(207) 576–5925
Assistant Treasurer
Christine Sirois(207) 784-7107
Secretary
Tracey Levesque (207) 712-3607
Stella Gammaitoni (207) 753-0790
John Kroger(207) 689-6132
John Kesaris (207) 622-5381
Tom Goodwin(207)783–1734
Peter Goranites(207) 829-4165
Michael Pelletier (207) 622-3107
Norm Rattey (207) 751-5650
Ann Robinson (207) 242- 5427
Michael Coombs

Food for fellowhip time after church July GREEK ORTHODOX CHURCH 3..... 10..... 17.... 24..... 31..... August 7..... 14..... 21..... 28..... If you wish to host a memorial or sponsor food for after church fellowship please sign up.

Commíttees

Building & Addition: John Stass, Mike Pelletier, & Jason Levesque **Cemetery:** Michael Pelletier **Education:** Chris Sirois **Festival:** Stella Gammaitoni & Tracey Levesque Finance & Endowment: Dorothy Moskovis, Duke Goranites, Hellenic Heritage: Georgia Chomas **Interior:** John Rozos Maintenace: Jim Simones, Harry Simones, Stella Gammaitoni Parish Historical Soceity: John Kesaris **Spiritual Enrichment:** Ann Robinson **Stewardship:** Ann Robinson Libraian: Tom Goodwin Ladies Society: Melissa Simones **Choir Directors:** John Rozos, Chris Gianopoulos Sunday School Director: Stella Gammaitoni Readers: George Simones, David LeGloahec, John Rozos, **Jave Goulet** Acolyte Guides: Roger Park, Dr. David Walter, John Zimbis **Book Store Manger:** George Simones Visitation Committee: Margery Mars (933-4949) & Christine Sirois (784-7107) Other Members: Ann Pelletier, Rosemary Goranites, Deserée Tanquay, and John Rozos.

July August 2016

BULLETIN OF THE

PARISH OF THE

HOLY TRINITY

155 Hogan Road P. O. Box 1344 ewiston, Maine 04243-1344 Phone & Fax (207) 783-6795

Photographers: Stella Gammatoni Dorothy Moskovis David Le Gloahec

Writers: Anthe Day David LeGloahec Margery Mars

Light of Life is the monthly publication of Holy Trinity Greek . Orthodox Church of Lewiston, Maine under the Metropolis of Boston of the Greek Orthodox Archdiocese of America.

It is intended for the communication and edification of the community of Holy Trinity Greek Orthodox Church and its friends Publication created using: Adobe® InDesign® 5.0, Adobe® Photoshop® C.S.5, Art Explosion® 750,000, Macromedia reehand® 9.0, IconGraphics™ Byzantine ClipArt on an Apple iMac. fonts used: Palatino, Papyrus & Optima

See us on the web at holytrinity.me.goarch.org

Church News

e are in the throws of sum-W mer. The weather is great for all those great activities and to go out explore new places that show God's creative glory. For those of you who were not at the June 26th meeting, the parish decided to go to summer hours. So Orthros starts at 8:00 and service starts at 9:00. Starting with the September issue, Light of Life



will become a monthly issue. Margery receives her award at her class reunion.

gust when we will be preparing for the Festival. Please be enlightened by the work of saints highlight this month and those in our parish that have been honored for work they do in the community and the church

Our own Margery Mars was honored by her alma mater. As she said: "It was a total surprise, overwhelming, and humbling being named the distinguished alumna - and it was done with much fanfare on my 50th college reunion weekend."



2

Please listen to dates in Au- Laity Award: Fr. Day, David LeGloahec, Peter, Robinson, Dotty Moscovis, Presbytera Anthe, Toni Orestis, Ann Robinson.



You have church News:

Send your text, your pictures, your inspirations, whatever it is, send it to:

HTrinnews@gwi.net

Laity Award

The faithful of the Greek Orthodox Metropolis of Boston, in grateful recognition of the dedicated men and women who serve the church communities, gathered recently as a family for the Ministry Awards Dinner. The Ministry Award is bestowed upon clergy and laity chosen by each community, who have contributed their time and talents for the progress of their local Parish. This year our Parish chose DAVID LEGLOA-HEC to receive the Metropolis of Boston Laity Award.

David has been an active member of Holy Trinity for twenty (20) years, serving as Treasurer, Parish Council member, Epistle Reader, Editor and Publisher of our monthly newsletter – Light of Life - and weekly bulletin. He has also served on various committees and worked on every aspect of the Greek Festivals. He also is the one at Coffee Hour who acknowledges special events and makes announcements.

David was a church Elder of an Orthodox Presbyterian Church (which has since dis-



banded) and began looking back to the American Revolufor another church to attend. tion. There are four children He had many spiritual conver- in the LeGloahec family, Dasations with Dr. Dave Walter vid being the oldest. He has as he looked into Orthodoxy. two sisters, Peggy and Jeanne, After attending Holy Trinity and a brother, John. After high for a time, when Father Kyria- school in his childhood town, kos was Priest, he received the David went on to receive a Sacrament of Chrismation.

Plase Note: We would also like to extend our congratulations to **Dr. David Walter** who was the recipient of the Laity Award for his service and devotion to St. George's Greek Orthodox Church in Bangor.

David was born in Garden City, NY and grew up in Syosset, Long Island, New York. He is the son of a French immigrant who came to America when he was just eight years old and of a mother whose roots trace

Bachelor of Arts in Education degree from LaSalle University and Bachelor of Arts in Special Education degree from Penn State. He is an educator and has taught math and sciences for 40 years - Vangard School in Paoli, PA (6 years), Conestoga High School, Valley Forge, PA (3 years), and Lewiston Middle School (31 years). At times he has supplemented his teacher salary by working at Home Depot, Adult Education, and Farmer's Market.

05

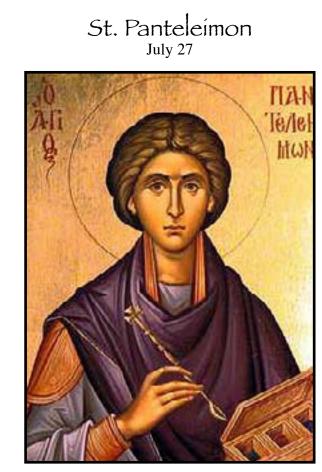
aint Panteleimon was born about 284 AD in the city of Nicodemia. His father,

Evstorgios, was an idolater while his mother, Evoulis, was a devout Christian. She raised her son, whose real name was Pantoleonta, in the Christian way of life. She passed away while her son was still young.

Initially Pantoleonta was educated in his native tongue and then in Greek. His father sent him to study under the famous physician, Evfrosinos. Quickly he surpassed the other students. He was handsome, soft-spoken, humble and all who spoke with him felt true happiness and peace. Because of these virtues, he became well known in Nicodemia. One day he went with Evfrosinos to the palace and it was here that the ruler, Maximian, first saw him. He instructed Evfrosinos to educate Pantoleonta to the utmost so that he could be appointed royal physician.

At that time, Saint Ermolaos, the head of the Church in Nicodemia, lived in a house with other Christians. He watched Pantoleonta every day as he went to his studies and finally asked him about his religion. Pantoleonta told him that while his mother was alive he had been a Christian, but now his father had made him follow the pagans. Ermolaos told him that if he believed with all his heart in the true God he would be able to cure anyone with His help. Pantoleonta acknowledged everything he was told and from that time on, he went to Ermolaos for counsel and began to accept Christ with all his heart.

Time passed, and one day, with the grace of God, Pantoleonta saved a child from certain



death after being bitten by a viper. He needed no further proof that Christ was the true God. Ermolaos baptized Pantoleonta, gave him Holy Communion, and instructed him in the Sacraments of the Holy Church. He remained for seven days with this holy man, and during this time he became completely acquainted with the teachings and practices of the Church.

Soon, Pantoleonta was working towards his father's conversion to Christianity. This was finally achieved when he saw his son cure a man of his blindness. By the grace of God, the man regained his sight, not only physically, but also spiritually, for before this time he was an idolater. Pantoleonta took the man and his father to Saint Ermolaos who baptized them.

Pantoleonta distributed his wealth among

continued on pg. 6

Priest's Message

continuied from pg. 1

Trinity. God speaks directly to us on earth to confirm the divinity of His Son. The Holy Spirit is revealed, this time in the form of Light rather than a dove. In a hymn of the feast we hear of the three Persons of the Trinity combined in an overpowering image of light: "we have seen the Father as Light and the Spirit as Light, guiding with light the whole creation."

The Transfiguration shows us elements of the mystery of salvation, as He displays the nature of His incarnation for the redemption of man: "showing the exchange mortal men will make with Thy glory at Thy second and fearful coming." This exchange of glory is what has struck the disciples and has filled them with wonder, fear, awe, and praise. They see their teacher revealed to them as both fully man and fully God, as one in essence and sharing the same throne as the Father, as one person in the Holy Trinity. They see the saving nature of His Cross, Resurrection, and Second Coming. What is their (and our) response? In the Canticles of Orthros, the disciples are compared with the children in the furnace, who, "burning with zeal for God, bravely trampled on the threat of the tyrant and the fire."

continued on pg. 15



During his time in Maine place that needs to be cared he raised 3 children with his for, and I need to do my part wife in Lisbon Falls. Kelsey, to help it run smoothly so all lives in Sweden, Rachel in can feel welcomed and have a Phoenix and Mac in Califor- closer communion with God. nia. He is very proud of them and the success they are in each of their fields of work.

to David receiving the Laity from throughout New Eng-Award. The award was total- land. His award was presently unexpected. But isn't that ed by His Eminence Archbishthe way it is when you "not op Methodios. Christos and loving to do great things, but Mary Papoutsy were masters doing small things with great of ceremony for the evening's love"? David is selfless with program. David was accompahis time, talent and treasure nied to the event by Father Peand simply does what he does ter and Presbytera Anthe Day, serving the greater good of the Ann and Peter Robinson, Toni church and God ... with love Orestis, and Dottie Moskovis. and dedication. In David's

own words, "I take to heart Father Ted's words, that I see Holy Trinity Greek Orthodox Church as my home. It is a *ful servant."* Matthew 25:23

This year's Award Dinner was held on Sunday, June 12 at Lombardo's in Randolph and It was most meaningful was attended by 750 stewards

> "His lord said to him, Well done though good and faith-

Apolytikion: Grave Tone

You were transfigured on the Mount, Christ God revealing Your glory to Your disciples, insofar as they could comprehend. Illuminate us sinners also with Your everlasting light, through the intercessions of the Theotokos. Giver of light, glory to You.

Kontakion:Grave Tone

You were transfigured upon the mount, O Christ our God, and Your disciples, in so far as they could bear, beheld Your glory. Thus, when they see You crucified, they may understand Your voluntary passion, and proclaim to the world that You are truly the effulgence of the Father.

Reading:

🙊 ur Lord had spoken to His disciples many times not only concerning His Passion, Cross, and Death, but also concerning the coming persecutions and afflictions that they themselves would endure. Since all these evils were near at hand, but the enjoyment of good things which they hoped to where He was transfigured before them. His face as the light. Suddenly, together with this dread and marvelous effulgence of light, there appeared those pinnacles of the Prophets, Moses and Elias, saving Passion which was about to take place. Standing before Him as reverent servants, they showed that He is the Lord of both the living and the dead, for Moses came forth from Hades, hav-

The Transfiguration of our Lord and Savior Jesus Christ August 6



receive in their stead was yet to come, our Savior ing died many centuries before, and Elias, desired to give them full assurance, evidently and as it were from heaven, whither he had been openly, concerning that glory which is prepared taken up while yet alive. After a little while a for those who endure to the end. Therefore, fulfill- radiant cloud overshadowed them and out of ing that which He had promised shortly before, the cloud they heard that same voice which that "there be some standing here which shall not had been heard at the Jordan at the Baptism taste of death, till they see the Son of man coming of Christ, testifying to the Divinity of Jesus in His Kingdom" (Matt. 16:28), He took His three and saying: "This is My beloved Son, in Whom foremost disciples and ascended Mount Tabor, I am well-pleased; hear ye Him" (Matt. 17: 5).

Such are the marvels, truly worthy of shone like the sun, and His clothes became white God, celebrated in this present feast, which is an image and prefiguring of the future state of the righteous, whose splendor the Lord spoke of, saying: "Then shall the righteous shine who spoke with the Lord Jesus concerning His *forth as the sun"* (Matt. 13:43). It is because of this that the Kontakion of this Feast is said daily (when there is not a great feast) in the Service of the Typica in perpetual commem-

St. Panteleimon continued from pg. 5

the poor and then proceeded to cure all who came to him. The only payment the Saint would ask was that the healed person believes that Jesus Christ was their true healer. The other physicians became very envious and wanting to betray the Saint to the Emperor, a group of them went to Maximian and told him that the doctor that he himself had educated was healing Christians and that the idolaters were converting to Christianity. As proof, the blind man who was cured was brought before the Emperor, beliefs, Maximian ordered that peacefully walked towards who tried to convince him the Saint be tortured. First they him and licked his feet. The that the gods had cured him tied him to a board and tore crowd cheered and together and not Christ. But it was his skin with iron claws. Then, praised God and Pantoleonta. futile. Maximian realized the soldiers burned him with Maximian was enraged and that everything the doctors had told him was true. He to God to give him strength to The miracle served to honour ordered that the man be withstand the torture. Next the the Saint and to show others beheaded. The Saint secretly Saint was taken and placed in the way of righteousness. took the man's body and a kettle but the tar remained buried it in a Christian place.

Pantoleonta was ordered to appear before the Emperor, who described the charges that were brought before him and ordered Pantoleonta to sacrifice to the gods. The Saint refused. The falsepriests and doctors begged



the Emperor to execute him still refused to recognize the so that Christianity would not power of the true God. Next gain in popularity among the the Saint was placed in the people. Unable to change his stadium but the wild beasts their torches. The Saint prayed had all the animals butchered. cool around him. The Emperor considered the miracles to be magic tricks performed by Pantoleonta. Continuing with his efforts he had a boulder tied to the Saint and thrown into the sea. The boulder became light and the Saint floated on the water. Maximian

The Saint was submitted to even more tortures. He was tied to a wheel and then rolled down a hill. The purpose was to tear the Saint's Body to pieces. Instead, it rolled over several idolaters and killed them. The Saint again suffered no harm.

Pantoleonta decided to

St. Panteleimon continued from pg. 8

bring Saint Ermolaos to the people, since his words could convert even more pagans to Christianity. Ermolaos and two other men, Ermocratis and Ermippon, were brought before the Emperor who tried to convince them that they believed in a false God. Unable to make them renounce their faith they were tortured and finally beheaded. The bodies were secretly ordered that the tree taken by some Christians and buried with honour.

The defeated Emperor passed final sentence on the Saint. He was to he beheaded and his body was to he cremated. The Saint was taken and tied to an olive tree. As the soldier raised his sword to behead the Saint, the sword melted as if it were made of wax. The soldiers fell to their knees and admitted their beliefs in Christ. The Saint prayed for them and forgave them for their sins. A voice came from heaven, saying to Pantoleonta that all he had asked for had been granted and that from this time on he would he known not as Pantoleonta, but as Panteleimon (All-merciful). He forced the soldiers to behead by Christina Dedoussis

him so that he could receive the crown of martyrdom. After kissing the Saint, the soldiers beheaded him. St Panteleimon gave his life for Christ on 27 July 304AD. It is said that the olive tree to which he was tied, immediately bloomed and brought forth fruit. Hearing of this, the Emperor be cut down and that the body be burned. The soldiers, however, did not return to the palace. They and other Christians took the holy body and buried it. The body was anointed with myrrh and buried outside of the city in the Place of the Scholar Adamantinos.

Saint John of Damascus informsusthattheremainswere transported to Constantinople; however, in the 12th century the Crusaders removed them. Saint Panteleimon is often asked by faithful Christians to aid them in times of sickness. He is believed to take special interest in those who are crippled. He is considered equal to the Benevolent Saints Damianos. Cosmas and





Transfiguration of Our Lord continued from pg. 7

oration of the glory that will be the lot of the Saints. According to tradition, the Lord's Transfiguration came to pass forty days before His Crucifixion; this is why the Transfiguration is celebrated forty days before the Exaltation of the Cross.

Reading courtesy of Holy Transfiguration Monastery, Brookline, MA Apolytikion courtesy of Narthex Press, Northridge, CA Kontakion courtesy of Narthex Press, Northridge, CA

emerging leaders

Melissa Simones Policy Director for Senate President, Michael Thibodeau



Melissa has worked in federal and state government offices for most of her career. She began her journey handling administrative and legislative work for

Senator Susan Collins in Washington, DC. After several years on Capitol Hill, she returned to Maine to work for an Augusta law firm as its government relations liaison. Just one year later, she was asked to join the staff of then newly elected Senate President Michael Thibodeau. As Policy Director for Senator Thibodeau, Melissa provides legislative research on bills, attends various meetings, public hearings and work sessions, answers committee questions about legislation, and monitors the budgeting process. She loves her work for its challenging, fast-paced, social and demanding nature.

A native of Lewiston. there was never a question for Melissa that she would return to LA after college. She loves the people here, which include her family and many friends, as well as

all the activities available. Some of her favorite things to do in LA include participating in trivia nights at Pedro O'Hara's, attending art walks in the summer, enjoying the numerous walking trails in the area

and attending events at Bates College. She is also a fan of golfing and kayaking when the weather is nice.

When it comes to local cuisine, Melissa loves the food and the atmosphere at Fuel, where she can often be found enjoying conversations with the "regulars" on Friday nights. Rails, Mother India, Orchid, and Sea 40 are among other favorites. Last but certainly not least, some of Melissa's favorite food adventures involve "socializing over a chili dog" at her family's restaurant, Simones' Hot Dog Stand in Lewiston.

Outside her work in Senator Thibodeau's office, Melissa is passionate about her home parish, Holy Trinity Greek Orthodox Church, presently serving on the Parish Council and the Ladies Society. Through these groups, Melissa and fellow members work to develop ways to support the Church, which includes assisting with various spiritual needs and organizing fundraisers. She also enjoys participating in functions that benefit LA whenever she can.

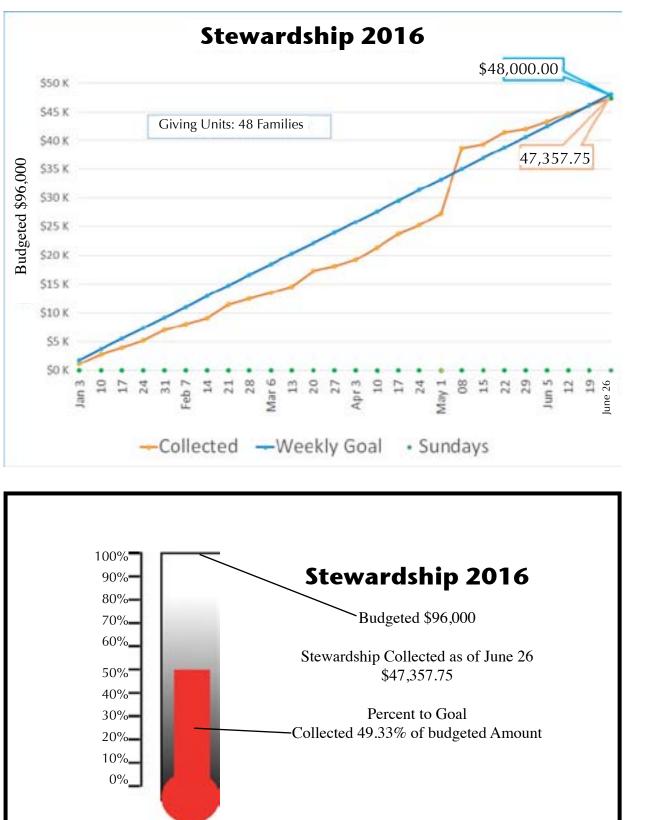
Looking to the future, Melissa sees herself working on economic development projects for the LA area. She believes that the number one challenge facing LA today is its stigma and the negative impact it has on our community. According to Melissa, this challenge can be overcome by continuing to promote the positive and showcasing our local assets, working on the areas where we struggle, and speaking up when others speak negatively about LA. With this type of devotion, she says, "our best days are ahead."

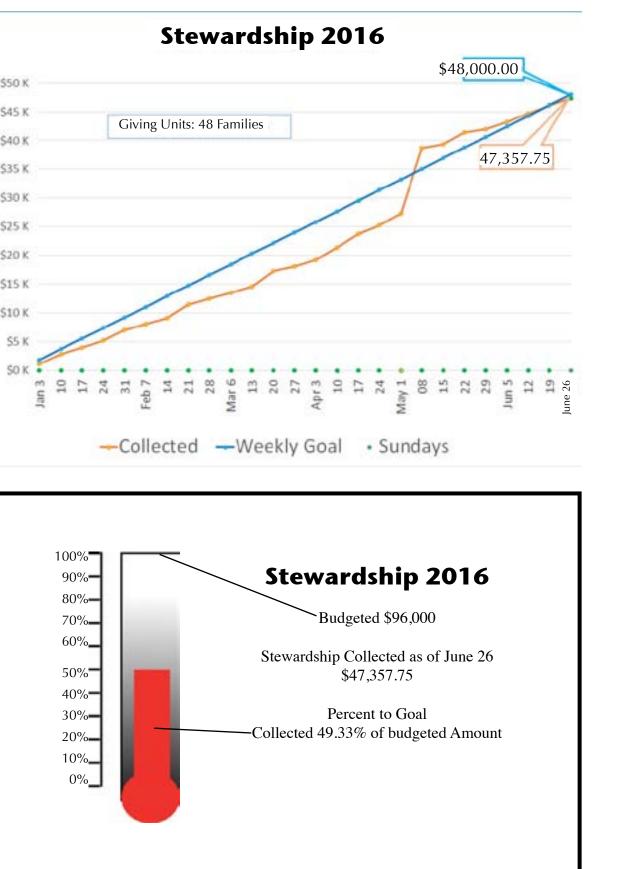
Dista Finale



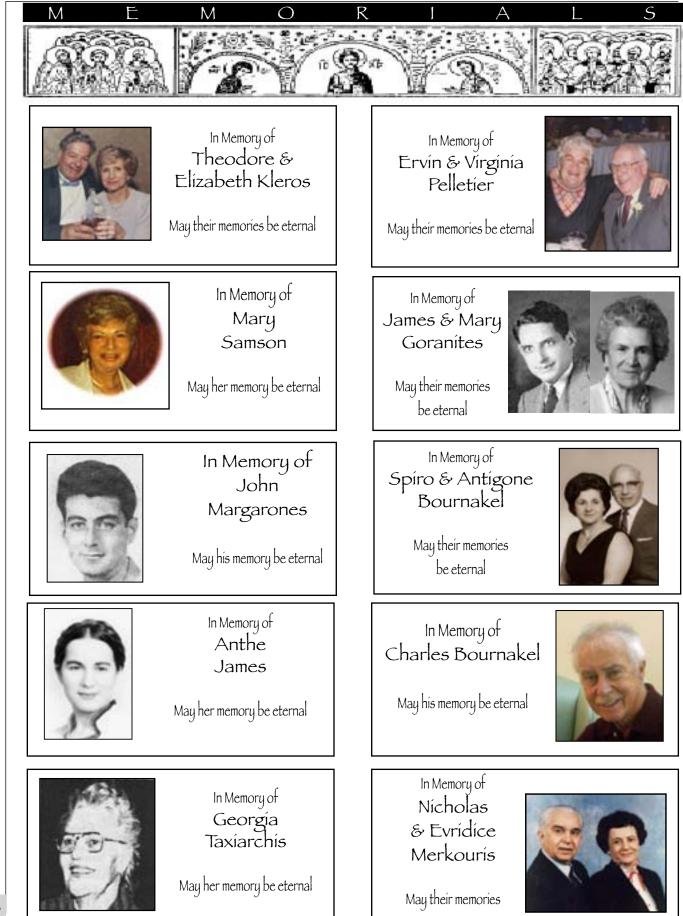








Holy Trinity Greek Orthodox Church





12

JULY/AUGUST 2016

S

In Memory of Sophía Amfilio

R

May her memory be eternal

In Memory of Steve & Loretta Karvelas May their memories be eternal







Memorials

If you wish to have a memorial in the bulletin, please see D. LeGloahec or eMail to:HTrinnews@gwi.net. Listed below is the name and the last bulletin.

Amfilio	12/2017
Angelides	
S. & A Bournakel	
Goranites	Perpetual
James	Perpetual
Karvelas	12/2016
Kesaris	Perpetual
Kleros	Perpetual
Margarones	Perpetual
Merkouis	Perpetual
Pelletier	
Prouchinsky	12/2016
Samson	Perpetual
Taxiarchis	Perpetual
Vlacheas (2)	12/2016

July								
Sun	Mon	TUES		WED	THURS		Fri	SAT
						Terra	Δ	2
3 2 nd Sunday of Matthew Orthros 8:00 AM Liturgy 9:00 AM	4	5	6	Ø	7	8	X	9
10 3 rd Sunday of Matthew Orthros 8:00 AM Liturgy 9:00 AM	11	12	13	X	14	15	X	16
17 Sunday of the Holy Fathers Orthros 8:00 AM Liturgy 9:00 AM	18 Parish Council 6:30 рм	19		net Elias er at 6:30 pm	21	22	X	23
24 5 th Sunday of Matthew Orthros 8:00 AM Liturgy 9:00 AM	25	26 St. Panteleimon Vesper at 6:30 рм	2.7	X	28	29	X	30
31 6 th Sunday of Matthew Orthros 8:00 AM Liturgy 9:00 AM	auth are deep waters							

The words of the mouth are deep waters,

It is not good to be partial to the wicked and so deprive the innocent of justice. The lips of fools bring them strife, and their mouths invite a beating. The mouths of fools are their undoing, and their lips are a snare to their very lives. The words of a gossip are like choice morsels; they go down to the inmost parts. Proverbs 18

These words of wisdom bubble up with the person who has but the fountain of wisdom is a rushing stream. understanding. Words of wisdom do not flow out of everybody. They only come out of the mouths of those whose hearts are intimate with Christ, the wisdom of God. (We say it every week "Sophia") Only those who love wisdom can share wisdom. No matter your background, draw near to your Father. He will teach you to speak with such wisdom. Just like the Pharisees remarked at uneducated men who spoke with wisdom, that they remarked that they must have been with Jesus.



August						
Sun	Mon	TUES	Wed	THURS	Fri	SAT
	1	2	3 🗙	4 🗙	5 🗙	6 Transfiguration of the Lord Orthos 8:00 AM
7 7 th Sunday of Matthew Orthros 8:00 AM Liturgy 9:00 AM	8 🗙	⁹ X	10	ш (12 🗙	13 🗙
14 8 th Sunday of Matthew Orthros 8:00 AM Liturgy 9:00 AM	15 Dormition of the Theotokos Orthros 8:00 AM Parish Council 6:30 PM	16	17 🗙	18	19 🗙	20
21 9 th Sunday of Matthew Orthros 8:00 AM Liturgy 9:00 AM	22	23	24 🗙	25	26 🗙	27
28 10 th Sunday of Matthew Orthros 8:00 AM Liturgy 9:00 AM	29 Beheading of John the Baptist Orthos 8:00 AM	30	31 🗙			

۸

Priest's Message

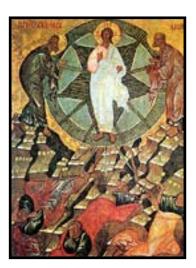
the disciples also praise God mankind. He assures us of this as, one by one, these mysteries through His Transfiguration, are revealed: "the Godhead has so that we may understand shone forth to them in the flesh ... His saving Passion and *the beauty of the divine kingdom* Resurrection. ... that He is both God and man With love in Christ, for evermore ...without changing Thou hast come to dwell with us." Here then is the radiant light of Fr. Peter the Transfiguration that reveals all aspects of the salvation that

In the hymns that follow, Christ's incarnation offers to Fr. Peter

14

continuied from pg. 6







Festival Date will be September 10 listen for more updates



FROM:

Holy Trinity Greek Orthodox Church P.O. Box 1344 155 Hogan Road Lewiston, ME 04243-1344

To: